



Task-based Activity Cover Sheet

Task Title: Use “best before” dates to select fresh foods

Learner Name:	
Date Started:	Date Completed:
Successful Completion: Yes ___ No ___	
Goal Path: Employment ___ Apprenticeship ___ Secondary School ___ Post Secondary ___ Independence ✓	
Task Description: The learner will locate and read “best before” dates on various products to determine freshness.	
Competency: C: Understand and Use Numbers	Task Group(s): C2: Manage Time
Level Indicators: C2.1: Measure time and make simple calculations	
Performance Descriptors: see chart on last page or click here	
Links to skill building activities: see the last page or click here	
Materials Required: <ul style="list-style-type: none">• Learner Information and Task Sheet• Photocopy of “best before” dates on food packages (preferably in colour)• Pencil or pen	
ESKARGO: Time Demonstrates understanding of standard units of measure for time (e.g., second, minute, hour, day, week, month, year) Compares and orders time measurement Understands and uses common date formats Attitudes: Practitioner, We encourage you to talk with the learner about attitudes required to complete this task set. The context of the task has to be considered when identifying attitudes. With your learner, please check one of the following: <input type="checkbox"/> Attitude is not important <input type="checkbox"/> Attitude is somewhat important <input type="checkbox"/> Attitude is very important	



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Consumers check “best before” dates on foods to ensure that the foods they are buying are fresh. They may also check food items on their shelves and in their refrigerators at home to decide when they should be discarded. Look at the “Best Before Date Labels”.

Learner Information and Tasks:

Task 1: Which food was best before June 15, 2012?

Task 2: Which food was best before May 21, 2014?

Task 3: Which food was best before March 12, 2013?

Task 4: Which food was best before April 12?

Task 5: Which month in 2014 did the canned soup expire?

Task 6: When were the crackers best before?

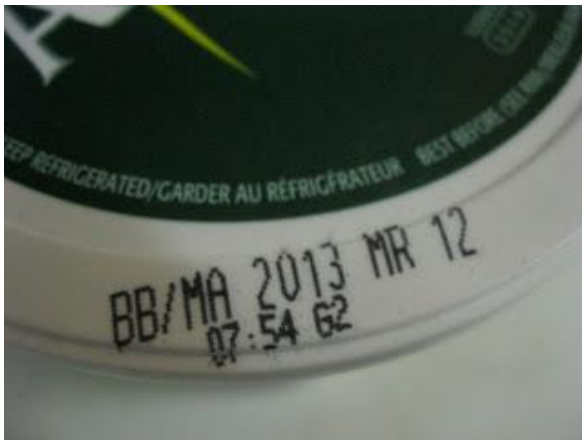
Best Before Date Labels



Coffee



Eggs



Yogurt



Canned peaches



Crackers



Canned soup



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Answer Key

Task 1: What food was best before June 15, 2012?

Canned peaches

Task 2: What food was best before May 21, 2014?

Coffee

Task 3: What food was best before March 12, 2013?

Yogurt

Task 4: What food was best before April 12?

Eggs

Task 5: What month in 2014 did the canned soup expire?

12 [December]

Task 6: When were the crackers best before?

2014 June 10



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Performance Descriptors		Needs Work	Completes task with support from practitioner	Completes task independently
C2.1	<ul style="list-style-type: none">understands and uses common date formats			
	<ul style="list-style-type: none">represents dates and times using standard conventions			

This task: was successfully completed ___ needs to be tried again ___

Learner Comments

Instructor (print)

Learner Signature



Skill Building Activities

Links to Online Resources:

- Converting Time Units - <http://www.unit-conversion.info/time.html>
- Practising Time Measurement (lesson 12.1 – 12.7) - http://www.eduplace.com/kids/hmm/practice/3/ep3_05.html
- Practising Time Conversions - <http://www.aaamath.com/mea.htm#topic1>
- Wikipedia article on date formats - http://en.wikipedia.org/wiki/Wikipedia:Manual_of_Style/Dates_and_numbers

LearningHUB online courses available:

- **Essential Skills, Independent Study** - Basic Skills for the Real World

*To access LearningHUB courses, learners must register for the LearningHUB e-Channel program by completing the registration form on their website and completing the course selection (page 2 of the registration form): https://www.learninghub.ca/get_registered.aspx

*To Access LearningHUB Course Catalogue:

<http://www.learninghub.ca/Files/PDF-files/HUBcoursecatalogue,%20December%202023,%202014%20revision.pdf>