



## Task Title: How to Use an Auto-Injector for an Allergic Reaction

### OALCF Cover Sheet – Learner Copy

**Learner Name:** \_\_\_\_\_

**Date Started:** \_\_\_\_\_

**Date Completed:** \_\_\_\_\_

**Successful Completion:** Yes ☐ No ☐

**Goal Path:** Employment ☐ Apprenticeship ☐

Secondary School ☐ Post Secondary ☐ Independence ☐

**Task Description:** Learners will watch a short video to learn how to apply an Auto-Injector (Epi-Pen) to self or others, then discuss experiences with another learner/instructor.

### Main Competency/Task Group/Level Indicator:

- Find and Use Information/A3
- Communicate Ideas and Information/Interact with others/B1.2

### Materials Required:

- Pen/pencil and paper
- Computer or digital device

Task Title: HowToUseAutoInjector\_I\_A3\_B1.2

## Learner Information

The auto-injector for allergic reactions (sometimes called an Epi-pen) is a simple tool that can save a life.

Watch this short video about How to Administer an Epi-Pen.

<https://www.youtube.com/watch?v=Ig9rWYYBW8Y> (1:42)

## Work Sheet

**Task 1: What is an easy way to remember how to hold an Epi-Pen?**

Answer:

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**Task 2: Which part of the body is best to inject?**

Answer:

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**Task 3: If the person looks and feels better after the injection, why should they still go to the hospital?**

Answer:

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**Task 4: Find another learner in your class and ask them if they know someone who carries an auto-injector and discuss. Would they know what to do if that person had an allergic reaction?**

Answer: