

Task Title: How to Use an Auto-Injector for an Allergic Reaction

# OALCF Cover Sheet – Practitioner Copy

**Learner Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Date Started: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Date Completed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

|  |  |  |
| --- | --- | --- |
| **Goal Path:** | Employment | Apprenticeship |
| Secondary School | Post Secondary | Independence |

**Successful Completion:**  Yes No

**Task Description:** Learners will watch a short video to learn how to apply an Auto-Injector (Epi-Pen) to self or others, then discuss experiences with another learner/instructor.

**Main Competency/Task Group/Level Indicator:**

* Find and Use Information/A3
* Communicate Ideas and Information/Interact with others/B1.2

**Materials Required:**

* Pen/pencil and paper
* Computer or digital device

# Learner Information

The auto-injector for allergic reactions (sometimes called an Epi-pen) is a simple tool that can save a life.

Watch this short video about How to Administer an Epi-Pen.

<https://www.youtube.com/watch?v=Ig9rWYYBW8Y> (1:42)

# Work Sheet

**Task 1: What is an easy way to remember how to hold an Epi-Pen?**

Answer:

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Task 2: Which part of the body is best to inject?**

Answer:

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Task 3:** **If the person looks and feels better after the injection, why should they still go to the hospital?**

Answer:

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Task 4: Find another learner in your class and ask them if they know someone who carries an auto-injector and discuss. Would they know what to do if that person had an allergic reaction?**

Answer:

# Answers

**Task 1: Task 1: What is an easy way to remember how to hold an Epi-Pen?**

Answer: Blue to the sky, Orange to the thigh.

**Task 2: Which part of the body is best to inject?**

Answer: The best part of the body to inject is the middle of the outer thigh. (Accept any answer involving the leg above the knee.)

**Task 3: If the person looks and feels better after the injection, why should they still go to the hospital?**

Answer: The effects of the epi-pen won’t last very long and the person may have a second reaction and require hospital care.

**Task 4: Find another learner in your class and ask them if they know someone who carries an auto-injector and discuss. Would they know what to do if that person had an allergic reaction?**

Answers will vary. Observe the interaction and evaluate according to performance descriptors.

# Performance Descriptors

| Levels | Performance Descriptors | Needs Work | Completes task with support from practitioner | Completes task independently |
| --- | --- | --- | --- | --- |
| A3 | Extract info from films, broadcasts and presentations |  |  |  |
| B1.2 | shows an awareness of factors that affect interactions, such as differences in opinions and ideas, and social, linguistic, and cultural differences |  |  |  |
|  | demonstrates some ability to use tone appropriately |  |  |  |
|  | uses strategies to maintain communication, such as encouraging responses from others and asking questions |  |  |  |
|  | speaks or signs clearly in a focused and organized way |  |  |  |
|  | rephrases to confirm or increase understanding |  |  |  |
|  | uses and interprets non-verbal cues (e.g. body language, facial expressions, gestures) |  |  |  |

This task: Was successfully completed Needs to be tried again

Learner Comments:

Instructor (print): Learner (print):

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